



Organic veg box schemes in Scotland

The popularity of organic box schemes is growing as consumers search for ways to buy fresh, local, organic produce direct from local producers. As a member of a box scheme, you will receive a weekly delivery of (usually) locally grown, organic, seasonal vegetables direct to your door or at a local drop-off point.

Operators decide what goes into the box and contents will vary depending on what's in season. (Many box scheme members report that this 'surprise factor' is part of the joy of receiving an organic box!) Most boxes are guaranteed to include potatoes, carrots and onions.

People have many different reasons for joining: to support the local food economy; to reduce food-miles; to provide an alternative to supermarkets; to promote and support organic produce; to eat healthy, tasty, affordable food; and because delivery direct to your door is convenient.

The following list gives details of most of the box schemes operating in Scotland, along with the geographical area they cover and any additional grocery items on offer. If you notice that something is missing or incorrect on this information sheet then please let us know.

ABERDEENSHIRE

J and M Fraser, Burnorrachie, Bridge Of Muchalls, Stonehaven, AB39 3RU.
Tel: 01569 730195. Contact: John & Maggie Fraser.
Email: megoburnorrachie@hotmail.com

Producers of mixed veg, fruit and beef. Box scheme delivers to the area known locally as 'the Mearns' and covers Stonehaven, Edzell, St Cyros, Johnshaven, Newtonhill and Portlethen. Boxes can include eggs when available. Produce also available at Stonehaven Farmers Market. Demeter Certified.

Bridgefoot Organics, Bridgefoot, Newmacher, AB21 7PE.
Tel: 01651 862041. Contact: Colin Ward & Barbara McLellan.
Email: vegetables@bridgefootorganics.co.uk Website: www.bridgefootorganics.co.uk

Growers and producers of vegetables, fruit, eggs and mushrooms from a small mixed farm. Customised orders delivered throughout the Aberdeenshire area. Soil Association certified since 1991.

Vital Veg, North Tillydaff Farm, Midmar, Inverurie, AB51 7LS
Tel: 01330 833823. Contact: Wendy Seel. Email: info@vitalveg.co.uk
Website: www.vitalveg.co.uk

Growers and producers of vegetables, fruit and eggs. Box scheme delivers across the Aberdeen area to homes and offices. Also grow and supply vegetable starter plants grown from organic seed in certified organic compost. Soil Association certified.

ANGUS

Hope Garden Trust, Westway, Arbroath, DD11 2NH
Tel: 07963 322457, Contact: Richard Bruce.
Email: enquiries@hopegardentrust.org.uk Website: www.hopegardentrust.org.uk

This registered charity aims to provide environmentally friendly work experience for people with learning difficulties living in Angus, while at the same time providing organic produce for the local community. Box scheme contains fruit & veg and a free recipe sheet. Soil Association certified.

AYRSHIRE

Drumullan Organics, Drumullan, By Girvan, Ayrshire, KA26 9QA.
Tel: 01465 713080. Contact: Jim Gilroy. Email: drumullanorganics@yahoo.co.uk.
Website: www.drumullan.co.uk

Growers. Box scheme delivering veg and fruit to a 25-mile radius surrounding Girvan, including south Ayrshire. Drumullan also buys in produce at certain times of the year. SOPA certified.

Stair Organic Growers, 11 The Yetts, Tarbolton, KA5 5NT.
Tel: 01292 541369. Contact: Chris Jones. Email: sales@organicgrowing.com
Website: www.organicgrowing.com

Growers. Along with fruit and vegetables, boxes can include eggs, milk, and non-dairy alternatives such as soya milk. Deliveries throughout Glasgow, Ayrshire (apart from Isle of Arran) and most of Renfrewshire, Gourock and Greenock.
Soil Association certified.

BORDERS

Tweed Valley Organics, The Old Jail House, Bank Street, Greenlaw, TD10 6XX
Tel: 01361 810503, Contact: Alison Schofield.
Email: alison@tweedvalleyorganics.co.uk Website: www.tweedvalleyorganics.co.uk

Box scheme providing fruit, veg, bread, eggs and meat to the Borders area. Food grown onsite or sourced locally. SOPA certified.

FIFE

Bellfield Organic Nursery, Jamesfield Farm, Abernethy, Newburgh, Fife, KY14 6EW
Tel: 01738 850 589. Contact: Irene Alexander. Email: info@bellfieldorganics.com
Website: www.bellfield-organics.com

Home deliveries of veg, fruit, milk, eggs and bread to a wide geographical area including Fife, Edinburgh, Glasgow, Paisley, Tayside, Aberdeen and Peterhead. Soil Association certified.

Pillars Of Hercules Farm

Falkland, Cupar, Fife, KY15 7AD
Tel: 01337 857749. Contact: Ralph on 07858076801. Email: box@pillars.co.uk
Website: www.pillars.co.uk

A weekly selection box of organic vegetables delivered to your home or workplace. Deliveries to all of Fife, Kinross, Milnathort and Scotlandwell. Selection varies according to season. Soil Association certified.

HIGHLANDS

Macleod Organics

Kylerona Farm, Ardersier, Inverness, IV2 7QZ.
Tel: 01667 462555. Fax: 01667 461138. Contact: Donnie Macleod.
Email: macleod.organics@virgin.net Website: www.macleodorganics.com

Main distributors of organic produce to and from the Highlands. Box scheme delivers throughout Highland region, all year round. Produce is locally grown where possible and bought in from other Scottish organic farms when necessary. Soil Association certified growers.

Raasay Walled Garden

Isle Of Raasay, By Kyle Of Lochalsh, IV40 8PB.
Tel: 01478 660345, Contact: Sadie MacLeod,
Email raasaywalledgarden@btinternet.com Website: www.raasay.com/rwgarden.html

An organic garden growing a variety of fruits, vegetables, salads, herbs, cut and dried flowers, hardy plants, climbers and shrubs. Home delivery scheme (vegetables and soft fruit only) on the island. Produce also available in Raasay stores. Covers the Island of Raasay. Soil Association certified.

ISLE OF SKYE

Glendale Salads

19 Upper Fasach, Glendale, Isle Of Skye, IV55 8WP
Tel: 01470 511349. Contact: B Hagmann.

Supply salads, herbs and veg to hotels, restaurants and the general public through. Mail order throughout the UK. Strictly telephone orders only. Operates a local box scheme in Skye and Lochalsh, delivering mainly salad leaves and some veg. Soil Association certified growers.

LANARKSHIRE

Clyde Organics

Muirhouse Farm, Carnwath, Lanarkshire, ML11 8RX.

Tel: 01555 840271, Contact: Murray Brown, Email: muirhouse@clydeorganics.co.uk

Website: www.clydeorganics.co.uk

Family-run organic dairy farm that supplies wholesale and direct to the public. Our farm is in the Clyde Valley between Lanark and Biggar. We grow a wide selection of vegetables and potatoes, which are sold at the farm and delivered to Lanarkshire, Peebleshire and Dumfriesshire. SOPA certified.

LOTHIAN

East Coast Organic Boxes (Ecobox)

24 Boggs Holdings, Pencaitland, EH34 5BD.

Tel: 01875 340227, Contact: Mike Callender, Email: admin@eastcoastorganics.co.uk

Website: www.eastcoastorganics.co.uk

Box scheme delivers to Edinburgh, East Lothian and Midlothian. Range of box sizes to suit every household. Can include fruit, eggs, bread, cheese. The proportion of produce grown on site and included in the boxes varies according to the season. ECOBOX buys in a higher proportion of produce in the winter months. However during spring, summer and autumn, the proportion of produce grown on site rises to 80 per cent. Demeter certified.

Damhead Organics,

32a Old Pentland Road, Edinburgh, EH10 7EA

Tel: 0131 445 7425 Contact: Steve Mitchell. Email: enquiries@damhead.co.uk

Website: www.damhead.co.uk

Damhead's box scheme and home delivery service covers the central belt of Scotland and the Scottish Borders. We are growers of organic veg and work closely with many organic farms in Scotland. We also carry a wide range of other organic goods which can be ordered online or bought in our farm shop.

Grow Wild

Block 3, Unit 8, Whiteside Industrial Estate, Bathgate, EH48 2RX.

Tel: 01506 656544. Contact: Lynne McNeil or Lindsay Girvan.

Email: sales@growwild.co.uk. Website: www.growwild.co.uk

Box scheme delivers local and exotic fruit and vegetables throughout central Scotland including Edinburgh, Glasgow, West Lothian, Stirling, Falkirk and Cumbernauld. Can include meat, dairy, wines and a variety of dry goods and grocery items, including cleaning products. Sourced from a wide range of Scottish producers and further afield. Wholesale to retailers, box schemes and caterers. Soil Association certified.

Oxenfoord Organics

The Gardens, Oxenfoord Castle Estate, Pathhead, Midlothian, EH37 5UB

Tel: 01875 320359. Contact Anne and Peter. Email: sales@oxenfoordorganics.com

Web: www.oxenfoordorganics.com

We are a family run organic run fruit and veg farm set in 5 acre site near Pathhead. We deliver to the south and southeast Edinburgh as well as Midlothian. Please see website for more details.

Phantassie Organics

East Linton, East Lothian, EH40 3DF

Tel: 01620 861531, Email: veg@phantassie.co.uk

Website: www.phantassie.co.uk

Box scheme delivering vegetables, fruit, eggs and preserves to households throughout East Lothian, Edinburgh. Produce also available at Haddington and Edinburgh Farmers Market and in Earthy and other Edinburgh shops. Wholesale to shops and caterers. Around 80 per cent of the box is grown on site in summer, with more produce being bought in during the winter months. BDAA Organic certification since 1997.

Real Foods

37 Broughton Street, Edinburgh, EH1 3JU

Tel: 0131 557 1911, Email: info@realfoods.co.uk. Website: www.realfoods.co.uk

Established in 1975, Real Foods specialise in organic, fairtrade, vegetarian and special diet. Their box scheme is sourced largely through local organic farmers and covers Edinburgh and the surrounding area. Customers have the option to add extra products/produce to their weekly box, like eggs, cheese, bread. Soil Association certified.

The Whole Shebag

South Cobbinshaw, West Calder, West Lothian, EH55 8LQ

Tel: 01501 785436 / 07931 738767. Email: bags@thewholeshebag.com.

Website: www.thewholeshebag.com

Organic vegetables, fruit, milk and eggs delivered to homes and businesses throughout Central Scotland and Ayrshire. Vegetables are farm grown or sourced locally. Milk and eggs are produced locally. SOPA certified

Whitmuir Organics

Whitmuir Farm, West Linton, EH46 7BB. Tel: 01969 661908. Email:

infom@whitmuirtheorganicplace.co.uk. Website: www.whitmuirtheorganicplace.co.uk

Personalised shopping service and free delivery to farm supporters within 30 mile radius of the farm. Home-grown produce includes seasonal fruit and vegetables, bread, jams and chutneys; pork, mutton, lamb and beef; eggs and Christmas turkeys. We can also include with the delivery any of the 2000 lines of organic and eco-friendly products from the shop - dry goods, dairy, wine, cleaning products and cosmetics.

ORKNEY

Wheems Organic Produce

Wheems, Eastside, South Ronaldsay, Orkney, KW17 2TJ

Tel: 01856 831537, Contact: Christina Sargent and Mike Roberts.

Email: wheemsbothy@gmail.com. Website: www.wheemsorganic.co.uk.

All produce grown onsite. Vegetables and eggs. Supplying to the whole Orkney area. Soil Association certified.

PERTSHIRE

Almond Valley Organics

4 Bridgeton Brae, Almondbank, Perth, PH1 3JZ

Tel: 01738 582064. Contact: Peter Fenton. Email: peter@almondvalleyorganic.co.uk.

Website: www.almondvalleyorganic.co.uk

Vegetable and fruit box scheme available weekly in a range of sizes. Also produces organic mixed beansprouts. Soil Association certified.

STRATHCLYDE

Epo Growers

Kennels Cottage, Hardgate, Glasgow, G81 5QR

Tel: 01389 875337. Contact: Echo Mackenzie. Email: echo@epogrowers.co.uk

Grow and sell organic vegetables, herbs and soft fruit. Deliveries to households in Glasgow and NW area. SOPA certified

How can I support the work of the Soil Association?

The Soil Association is a membership charity and we urgently need your support to continue our work. As public support for the Soil Association continues to grow, our ability to influence the thinking and policies of government and big business grows with it. In this way we help to develop a truly healthy and sustainable future. Join us today and help us to continue campaigning for sustainable agriculture and organic food. You can join the Soil Association on our website, over the phone or by writing to us.

For further information on organic food and farming in Scotland, contact Soil Association Scotland on 0131 666 2474 or visit www.soilassociation.org/Scotland/tabid/269/Default.aspx.

Further Reading

Please see the Soil Association website library, <http://www.soilassociation.org/library>, for more information

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Twitter: @SoilAssocScot

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